

# CLEANING YOUR HOME!

- Try to clean your home at least one time per week
- Store food in closed containers and put leftovers in refrigerator right away.
- Don't let food sit on counters - it will bring mice and cockroaches.
- Take out the trash as soon as it is full and replace the trash bag.
- Wash dishes with soap & hot water soon after eating.
- Do laundry often. Don't let wet clothes sit in hamper - it causes mildew (mold) to grow.



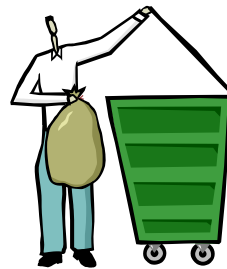
## Clean AND dry areas that get wet including:

- ✓ Kitchen & Bathroom Counters
- ✓ Sinks
- ✓ Bathtubs & Showers

## Prevent odors and germs by:

### Inside & outside of trash cans

- Put diapers in covered container
- Empty household (inside) trash cans to large (outside) trash bin often
- Put lids on all trash cans
- Spray can with bleach solution and rinse. Air dry.



### Inside the refrigerator

- Use Baking Soda solution to clean inside of refrigerator & microwave
- Wipe up spills right away
- Throw out spoiled food
- Cover food

### Toilets

- Flush right away after using toilet
- Clean at least once per week with bleach solution
- Call your manager right away if toilet becomes blocked or won't flush

# CLEANERS YOU CAN MAKE!

**Germ Cleaner:** Mix 1 teaspoon Bleach  
WITH 1 quart of Water  
(Must be used within 24 hours of mixing)

OPEN THE WINDOWS whenever you use BLEACH!

**NEVER MIX BLEACH with any other CLEANER!!! IT'S DANGEROUS**

**Unclog Drain:** Pour 1 cup of baking soda into drain.  
THEN pour 1 cup of warm white vinegar into drain.  
Let sit for 30 minutes, and then run HOT water into drain to rinse.

**Appliance Cleaner:** Mix  $\frac{1}{4}$  cup baking soda  
WITH 1 quart warm water

- Wash inside of microwave and refrigerator with baking soda & water mixture. Rinse with clear water. Dry.
- Put box of baking soda in refrigerator to absorb smells. Change once per month.

**Window Cleaner:** White vinegar and water mixed together can be used to clean windows and mirrors. Spray on and wipe dry.

# PREVENT MOLD & MILDEW

Call your landlord and report leaky plumbing right away!

- Always use your fan OR open the window to let steam out whenever you bathe or shower.
- Having a lot of houseplants can cause mold & mildew from too much moisture in air.
- Open the windows and let fresh air move through your home as often as you can.
- Open closet & cabinet doors to let air move around to keep mold from growing.
- Wipe bathroom walls & shower doors after bathing. Hang towels to dry and wash often.
- Hang wet clothes outside to dry OR dry in clothes dryer right away.
- Wet clothes in hampers provide a perfect spot for mold or mildew to grow.
- Dirty homes provide mold and mildew places to grow.

## **Treat Mildew/Mold in SMALL areas:**

First wash the area with soap & water.

Let it dry for 24 hours (1 full day) then spray-on:

Lysol Disinfectant

OR

Tilex Mildew Remover

OR

Clorox Cleaner

Follow the label instructions AND open a window for fresh air.

**DO NOT MIX CLEANERS!!!**